



**PROJECT PLAY THERAPY, LLC**

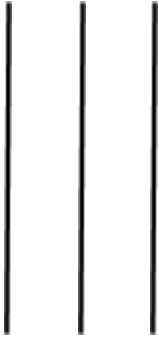
*a fun and functional pediatric experience*

# **Fine Motor Practice for Preschool Aged Children**

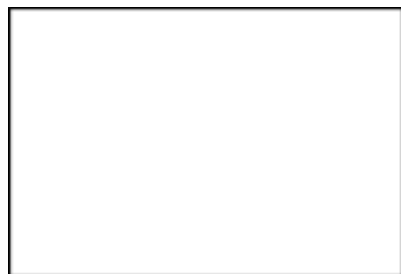
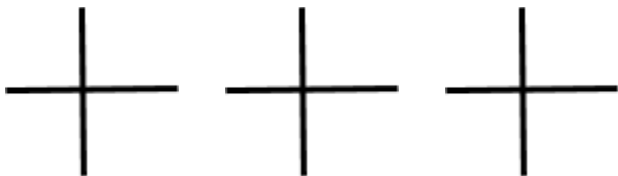
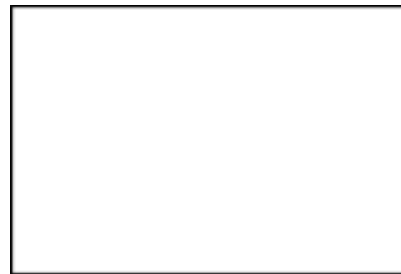
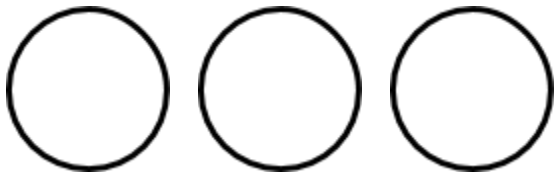
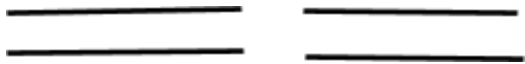
# Prewriting Stroke Practice

*Directions: First trace the writing stroke, then draw the writing stroke in the air with your finger, and finish by independently writing the stroke in the box below.*

Trace



Write it on your own





# Practice Writing Upper-Case and Lower-Case Letters

*Directions: First trace the letter, then draw the letter in the air with your finger, and finish by independently writing the letter on the lines. REMEMBER TO START WRITING YOUR LETTERS AT THE TOP!*

A \_\_\_\_\_ A \_\_\_\_\_ a \_\_\_\_\_ a \_\_\_\_\_

B \_\_\_\_\_ B \_\_\_\_\_ b \_\_\_\_\_ b \_\_\_\_\_

C \_\_\_\_\_ C \_\_\_\_\_ c \_\_\_\_\_ c \_\_\_\_\_

D \_\_\_\_\_ D \_\_\_\_\_ d \_\_\_\_\_ d \_\_\_\_\_

E \_\_\_\_\_ E \_\_\_\_\_ e \_\_\_\_\_ e \_\_\_\_\_

F \_\_\_ F \_\_\_ f \_\_\_ f \_\_\_

G \_\_\_ G \_\_\_ g \_\_\_ g \_\_\_

H \_\_\_ H \_\_\_ h \_\_\_ h \_\_\_

I \_\_\_ I \_\_\_ i \_\_\_ i \_\_\_

J \_\_\_ J \_\_\_ j \_\_\_ j \_\_\_

K \_\_\_ K \_\_\_ k \_\_\_ k \_\_\_

L \_\_\_ L \_\_\_ l \_\_\_ l \_\_\_

M \_\_\_\_\_ M \_\_\_\_\_

m \_\_\_\_\_ m \_\_\_\_\_

N \_\_\_\_\_ N \_\_\_\_\_

n \_\_\_\_\_ n \_\_\_\_\_

O \_\_\_\_\_ O \_\_\_\_\_

o \_\_\_\_\_ o \_\_\_\_\_

P \_\_\_\_\_ P \_\_\_\_\_

p \_\_\_\_\_ p \_\_\_\_\_

Q \_\_\_\_\_ Q \_\_\_\_\_

q \_\_\_\_\_ q \_\_\_\_\_

R \_\_\_\_\_ R \_\_\_\_\_

r \_\_\_\_\_ r \_\_\_\_\_

S \_\_\_\_\_ S \_\_\_\_\_

s \_\_\_\_\_ s \_\_\_\_\_

T \_\_\_\_\_

T \_\_\_\_\_

t \_\_\_\_\_

t \_\_\_\_\_

U \_\_\_\_\_

U \_\_\_\_\_

u \_\_\_\_\_

u \_\_\_\_\_

V \_\_\_\_\_

V \_\_\_\_\_

v \_\_\_\_\_

v \_\_\_\_\_

W \_\_\_\_\_

W \_\_\_\_\_

w \_\_\_\_\_

w \_\_\_\_\_

X \_\_\_\_\_

X \_\_\_\_\_

x \_\_\_\_\_

x \_\_\_\_\_

y \_\_\_\_\_

y \_\_\_\_\_

y \_\_\_\_\_

y \_\_\_\_\_

Z \_\_\_\_\_

Z \_\_\_\_\_

z \_\_\_\_\_

z \_\_\_\_\_

# Practice Writing Numbers

*Directions: First trace the number, then draw the number in the air with your finger, and finish by independently writing the number on the lines. REMEMBER TO START WRITING YOUR NUMBERS AT THE TOP!*

0 \_\_\_\_\_ 0 \_\_\_\_\_ 1 \_\_\_\_\_ 1 \_\_\_\_\_

2 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 3 \_\_\_\_\_

4 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_ 5 \_\_\_\_\_

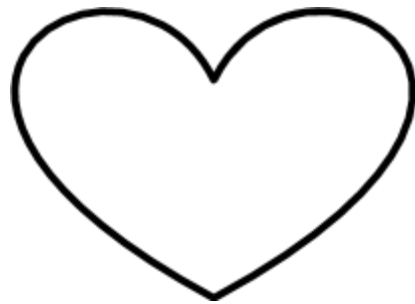
6 \_\_\_\_\_ 6 \_\_\_\_\_ 7 \_\_\_\_\_ 7 \_\_\_\_\_

8 \_\_\_\_\_ 8 \_\_\_\_\_ 9 \_\_\_\_\_ 9 \_\_\_\_\_



# Practice Target Coloring

*Directions: Scribble and make marks on the shapes with their matching colors.*



**Star = Yellow**

**Moon = Blue**

**Heart = Red**

# Practice Scissor Skills

*Directions: Cut along the dotted line until you reach the flowers. Try coloring the flowers for extra practice.*

