



National Backpack Awareness Day

PACKING ACTIVITY

This activity will help your child learn about how to safely pack their backpacks with the added bonus of being a great activity for working on language and fine motor skills!

You will need:

- Scissors
- Glue or tape
- Colored pencils, crayons, and/or markers (optional)



Instructions:

1. Cut out the backpack and other objects (on next page).
2. Fold the backpack along the dotted lines.
3. Use tape or glue to connect the two tabs marked with "A" to each other. Do the same for the tabs marked as "B".
4. Sort the objects into groups, separating them as items the child needs and items the child doesn't need to take to school.
5. Place the objects in the backpack from biggest to smallest with the biggest object going in the back (closest to the child's back).

Tips:

- Have the child color the backpack and items prior to cutting them out!
- Complete the activity using the child's actual backpack. With the child, sort the items in their backpack to make sure they are taking only items they need to school. Then, have them pack it!



